

香港學界抱石挑戰賽 2019

Hong Kong Inter-school Bouldering Competition 2019

比賽詳情 Competition Details

組別 Category	(U8, U10, U12, U15, U18) 每組各設男女子組
活動對象 Target	Age 6-17(歲數以比賽當日計算)
截止報名日期 Application Deadline	20 th April 2019
工作坊日期及時間 Workshop Date & Time	3 th May 2019 (1930-2030)
工作坊地點 Workshop Location	JUST CLIMB-香港店 HONG KONG
比賽日期 Competition Date	4 th May 2019
比賽地點 Competition Venue	JUST CLIMB-香港店 HONG KONG & 杏花新城二樓平台 2/F Platform, Paradise Mall
名額 Quota	200 人 participants



比賽目的 Competition Objective

「香港學界抱石挑戰賽 2019」旨在培養兒童及青少年對攀石運動的興趣，提供一個讓他們發揮的平台，從而推動本地對攀石文化的發展。

JUST CLIMB 榮幸成為主辦單位，自 2015 年起，至今年已是第三年舉辦。

每年比賽反應熱烈，每屆平均收到 200 位參賽者的報名。參加者來自全港 18 區，包括：JUST CLIMB 兒童及青少年攀石恒常班的學生、逾多間中小學及國際學校，水準極高。

今年更再創高峰！比賽地點假於香港東，杏花新城二樓平台，興建一個 17 米闊、4.5 米高的比賽場地。讓一眾年紀小小的攀石健兒能體驗世界級的攀石舞台！

"Hong Kong Inter-school Bouldering Competition 2019" aims to develop kids' and youth's interest in Sport Climbing by providing a competitive and exciting climbing platform, thus, simulates sport climbing culture in Hong Kong effectively.

JUST CLIMB is glad to become the co-organizer of the competition since 2015.

Average 200 competitor applications were received every year. These climbers performance are surprisingly high and they are all from 18 districts in Hong Kong, including students from JUST CLIMB Kids and Youth Regular Course, primary and secondary schools and international schools in Hong Kong.

We are reaching higher!!

A 17 meters (w) X 4.5 meters (h) climbing wall will be built on the platform in 2/F, Paradise Mall, Hong Kong Island for this competition, which fully allows these little climbers to enjoy world class climbing competition.

比賽規則 Rules and Regulations

初賽 Qualification

- i. 不設隔離區域。Isolation area is not required.
- ii. 初賽會以 FLASH 比賽模式計分。FLASH format will be used during the qualification round.
- iii. 賽員必須按照自己的組別，攀爬指定線路。

Athletes should climb the specific route number according to their assigned group.

- iv. FLASH 模式以「先到先攀」的方式進行，可自行選擇攀爬次序，限時 90 分鐘（按實際情況調整）。如攀爬中途跌下，須重新排隊攀爬該線路。FLASH format follows a “first-come-first-climb” basis. Athletes can decide the climbing order within a time limit of 90 minutes. Athletes must queue again to climb the route if they fall.

計分 Marks

- i. 每條線路各設 2 個得分區域及 1 個完攀點，以獲得分區域 (ZONE) 及完攀點 (TOP) 的數目計算成績，不計算攀爬次數。There are 2 “ZONE” and 1 “TOP” in each problem. Only the number of “ZONE” and “TOP” achieved will be counted as the qualification result. The result will not be affected by the number of attempts.
- ii. 計分準則先計算完攀數目，“TOP” 數目越多，成績越高。Performance of climber will be evaluated base on the number of “TOP” achieved. The higher the number of “TOP” , the better the result.
- iii. 如賽員的完攀數目相同，則以每個 ZONE 的獲得數目計算成績。先計算 ZONE2 的數目，再計算 ZONE1 的數目。If athletes achieved the same number of “TOP” , the number of achieved ZONE will be used to determine their ranking. The number of ZONE2 achieved will be counted first, followed by the number of ZONE1 achieved.
- iv. U8、U10、U12、U15 及 U18 初賽前 6 名賽員將進入決賽。Top 6 athletes in U8, U10, U12,U15, and U18 will be eligible to participate in the final round.

決賽 Final

- i. 共設 3 條線路，每條線路限時 3 分鐘。 There will be 3 routes in total. With 3 minutes climbing time per route.
- ii. 決賽觀線時間為 2 分鐘，賽員完成觀線後將馬上作賽，非作賽賽員須回到隔離區。 2 minutes for problems observation in the final. First athlete to climb shall start after observation while other athletes shall return to the isolation zone.
- iii. 決賽以淘汰形式進行三輪比賽，首輪比賽成績最好的四名賽員將進入第二輪決賽，第二輪決賽成績最好的兩名賽員將進入最後的決賽。 There will be three final round, the best 4 athletes will go to second round and the best 2 athletes will go to the last round.
- iv. 如成績相同，則計算攀爬次數，次數愈少成績愈好。 For the athletes who have the same score, the number of attempts will be counted, the less attempt the better.

計分 Marks

- v. 每個岩點將按次序計算分數，以賽員能「控制」最高分數之岩點來計算成績。 The score of each hold will be assigned according to their order positions. The highest score of the hold that an athlete can “control” will be counted.
- vi. 如未能完攀而又分數相同，則按攀爬次數作比較。 The number of attempts will be used for classification if athletes obtain a same score and could not complete a route
- vii. 如賽員以「有意識攀爬動作*」向下一個岩點攀爬，而又未能成功控制下一個岩點，則可獲已控制之岩點的分數並加上「+」（*以英文版本為準）

A hold from which a competitor has made a controlled climbing movement in the interest of progressing along the route shall be considered as “used”. The score of a competitor using a hold shall be the number assigned to that hold on the route sketch with a plus (+) suffix. This score is better than the score for controlling the same hold.

Note: A controlled climbing movement may be either “static” or “dynamic” in nature and in general will evidenced by:

- i) a significant positive change in position of the competitor's centre of mass; and
- ii) the movement of at least one hand in order to reach either (a) the next hold along the line of the route; or (b) any hold that has been successfully controlled by another competitor from the hold from which the climbing movement has been made

[\(RULES HANDBOOK: IFSC RULES 2017\)](#)

學界團體獎 Group Award

- i. 每位參賽者必須填妥代表學校名稱。Competitors are required to register the representing school name.
- ii. 每一位出席並參與賽事的參賽者決賽成績將列入各組別代表學校做統計用，得分最高學校獲勝。The final result of competitors who turned up during the event would be recorded for scoring purpose, where the school with highest score will receive the group award.

計分 Marks

- iii. 每個參賽者的決賽名次將按次序計算團體分數，詳情見下：

Each individual will receive a group score according to their final ranking. Please see the following chart for more details:

決賽排名 Final ranking	分數 Score
冠軍 First Place	20
亞軍 Second Place	16
季軍 Third Place	12
殿軍 Fourth Place	8
第五名 Fifth Place	6
第六名 Sixth Place	4
其他出席賽員 Attended Competitors	0.5

賽員工作坊 Contestants' Workshop

為令參賽者在比賽前充分了解比賽規則及注意事項，JUST CLIMB 特別於 **2019年5月3日(星期五)** 安排賽員工作坊，為賽員講解是次比賽的守則及計分方法，場館更會設置類近比賽模式的線路，供賽員即席嘗試。是次工作坊屬自願形式，無需預先登記報名。出席者請穿著運動服飾，按照以下相應時段到訪 JUST CLIMB(香港店)場館即可。

JUST CLIMB 香港店地址：杏花新城 G09 號鋪

In order to familiarize the contestants with the format and rules of the competition, there will be a contestants' workshop on 3th May 2019. Rules and marking scheme will be introduced. Climbing problems similar to the competition format will be set while contestants can have a hands-on trial in the workshop. The workshop attendance is not compulsory. No pre-registration is needed. Attendants please visit JUST CLIMB (HONG KONG) according to the below assigned schedule with sportswear.

JUST CLIMB HONG KONG address: Shop Units G09,Paradise Mall,100 SHING TAI ROAD,CHAI WAN

工作坊時間

Workshop Time

組別

Category

Workshop Time	Category
19:30 – 20:30	Boy's U8 男子 U8
	Girl's U8 女子 U8
	Boy's U10 男子 U10
	Girl's U10 女子 U10
	Boy's U12 男子 U12
Girl's U12 女子 U12	
Boy's U15 男子 U15	
Girl's U15 女子 U15	
Boy's U18 男子 U18	
Girl's U18 女子 U18	

比賽賽程 Competition Schedule

時間 Time	賽程 Schedule	組別 Categories			賽區 Competition Area
初賽 Qualification					
09:00-09:15	賽員報到 Registration	U8 男女子組 U8 Boy's and Girl's	U10 男女子組 U10 Boy's and Girl's	U12 男女子組 U12 Boy's and Girl's	JUST CLIMB HK 場館 JUST CLIMB HK Gym
09:15-09:30	規則講解 Briefing session				
09:30-10:30	初賽 Qualification				
10:30-10:45	賽員報到 Registration	U15 男女子組 U15 Boy's and Girl's	U18 男女子組 U18 Boy's and Girl's		杏花新城 2 樓平台 2/F Platform, Paradise Mall
10:45-11:00	規則講解 Briefing session				
11:00-12:00	初賽 Qualification				
決賽 Final					
12:15-12:30	隔離區開放及關閉 Isolation zone open & close	U8 男女子組 U8 Boy's and Girl's	U10 男女子組 U10 Boy's and Girl's		JUST CLIMB HK 場館 JUST CLIMB HK Gym
13:30-14:30	決賽 Final				杏花新城 2 樓平台 2/F Platform, Paradise Mall
14:45-15:00	隔離區開放及關閉 Isolation zone open & close	U12 男女子組 U12 Boy's and Girl's	U15 男女子組 U15 Boy's and Girl's	U18 男女子組 U18 Boy's and Girl's	JUST CLIMB HK 場館 JUST CLIMB HK Gym
16:00-17:30	決賽 Final				杏花新城 2 樓平台 2/F Platform, Paradise Mall
17:30-18:00	成績公佈及頒發獎項 Result announcement & Prize presentation				杏花新城 2 樓平台 2/F Platform, Paradise Mall

備註 Remark:

- 不設指定午膳時間。There is no specific lunch break.
- 比賽時間可能因實際情況作出適當調整，惟報到及隔離區關閉時間則會嚴格執行。The competition schedule is subject to change due to the actual situation. However, registration and isolation zone closing time will be strictly executed.

獎項 Prize

紀念品 Souvenir

- 每位參賽者將獲得全港學界抱石挑戰賽 2019 T-shirt 乙件及出席證書乙張，茲證明賽員積極參加是次賽事。 Each participant to receive a competition T-shirt and a certificate of attendance.

每組獎品 Prize for each category

- 每組各設冠、亞及季軍。
1st, 2nd and 3rd Prize in each category.
少於 5 人組別只設冠軍 For those categories with less than 5 entries, only 1st prize will be awarded
- 冠、亞及季軍均可獲得精美獎盃、豐富獎品、JUST CLIMB 送出的入場門票！
Champion, 1st runner up and 2nd runner up to receive a trophy, free entry passes provided by JUST CLIMB!

-End-