



Hong Kong Boulder League 抱石聯賽 2021

比賽詳情更新 Competition Information Update
17/09/2021

比賽詳情 Competition Information

JUST CLIMB 一直致力於推廣運動攀登發展及推廣，使更多人能夠認識並享受這份樂趣。除了使大家有機會接觸抱石，我們也時常舉辦各類賽事挑戰積極突破提升的抱石愛好者。鑒於抱石愛好者不乏兒童，並且不常有相關賽事，因此我們特設此香港抱石聯賽。我們盼望能夠：

- I) 透過參與過程幫助JC學員更認識比賽
- II) 使家長看見JC學員的學習進度
- III) 讓JC學員享受比賽樂趣之餘能更熱愛攀石
- IV) 與非JC學員的賽員一同交流學習

比賽日期 Competition Date	25 th SEP 2021 (SAT)	23 rd OCT 2021 (SAT)	27 th NOV 2021 (SAT)	18 th DEC 2021 (SAT)
報名截止日期 Registration deadline	15 th SEP 2021 (TUE)	13 rd OCT 2021 (WED)	17 th NOV 2021 (WED)	08 th DEC 2021 (WED)
參賽組別(男/女) Categories (Boy/Girl)	U8BOY (*2014) U8GIRL (*2014) U9BOY (*2013) U9GIRL (*2013)	U11BOY (*2011-12) U11GIRL (*2011-12) U13BOY (*2009-10) U13GIRL (*2009-10)	U15BOY (*2007-08) U15GIRL (*2007-08) U17BOY (*2005-06) U17GIRL (*2005-06)	NOVICE MEN NOVICE WOMEN OPEN MEN OPEN WOMEN



ORGANISER
JUST CLIMB

比賽地點 Competition Venue	JC Academy 新蒲崗新時代 工貿商業中心 地下B室 Rm B, G/F, NEW TREND CTR.	JC Kowloon 新蒲崗太子工業 大廈地下D室 Rm D, G/F, PRINCE IND BLDG.	JC Kowloon 新蒲崗太子工業 大廈地下D室 Rm D, G/F, PRINCE IND BLDG.	TBA
費用Fee	HK\$250.00 (恒常學員/私人班學員/ J Cer)		HK\$350.00 (其他)	
比賽時間 Competition Time	18:00 - 22:00 (包括登記及頒獎 Inclusive of Registration & Award Ceremony)			

HONG KONG BOULDER LEAGUE 2021

比賽賽程 **Competition Schedule**

<u>時間</u> Time	<u>內容</u> Content
18:00 - 18:30	報到及集合 Registration & Call-in
18:30 - 19:00	大合照+比賽規則講解 Group Photo + Briefing Session on Rules & Regulations
19:00 - 21:30	比賽 Competition
21:30 - 22:00	成績公佈、頒發獎項 Result Announcement & Prize Presentation
22:00	比賽結束 End of Competition

備註：比賽時間可能因實際情況作出適當調整。
Remark: The competition schedule is subjected to changes

比賽規則 Rules and Regulations

1. 比賽以FLASH模式進行。FLASH format will be used during the competition.
2. 賽員必須按照自己的組別攀爬指定線路，例：組別A需攀爬1至6號路線，組別B攀爬4至9號路線。Athletes should climb the specific route number according to their assigned group, Eg: Group A are required to climb Route 1 to 6, while Group B will be climbing Route 4 to 9.
3. FLASH 模式以「先到先攀」的方式進行，可自行選擇攀爬次序，限時XX分鐘(按組別調整)。如攀爬中途跌下，須重新排隊攀爬該線路。FLASH format follows a “first-come-first-climb” basis. Athletes can decide the climbing order within a time limit of XX minutes (according to the category). Athletes must queue again to climb the route if they fall.
4. 比賽進行時，賽員四肢離地後若未能成功起步/控制/踏穩起步後的第一個石頭，可無須排隊即時嘗試最多一次。One extra attempt will be given if athletes failed to the start or control or step the next hold on their first try.
5. **每次攀爬限時90秒。Time limit 90 seconds for every attempt.**

計分 Marks

1. 每條線路各設2個得分區域及1個完攀點，以獲得分區域 (ZONE) 及完攀點 (TOP) 的數目計算成績，不計算攀爬次數。There are 2 “ZONE”s and 1 “TOP” in each boulder. Only the number of “ZONE” and “TOP” achieved will be counted as the result. The result will not be affected by the number of attempts.
2. 計分準則先計算完攀數目，“TOP”數目越多，成績越高。Performance of climber will be evaluated base on the number of “TOP” achieved. The higher the number of “TOP”, the better the result.
3. 如賽員的完攀數目相同，則以每個ZONE 的獲得數目計算成績。先計算ZONE2的數目，再計算ZONE1的數目。If athletes achieved the same number of “TOP”, the number of achieved ZONE will be used to determine their ranking. The number of ZONE2 achieved will be counted first, followed by the number of ZONE1 achieved.

獎項 Prize

1. 每組各設冠、亞及季軍。
1st, 2nd and 3rd Prize in each category.
2. 少於5人組別只設冠軍 For those categories with less than 5 entries, only 1st prize will be awarded