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# Hong Kong Boulder League 抱石聯賽 2021

比賽詳情更新 Competition Information Update  
12/12/2021

## 比賽詳情 Competition Information

<b>比賽日期</b> <b>Competition Date</b>	18 <sup>th</sup> Dec 2021 (SAT)
<b>參賽組別</b> <b>Categories</b>	NOVICE MEN NOVICE WOMEN OPEN MEN OPEN WOMEN
<b>比賽地點</b> <b>Competition Venue</b>	JC Kowloon 新蒲崗太子工業大廈地下 D 室 Rm D, G/F, PRINCEIND BLD G
<b>比賽時間</b> <b>Competition Time</b>	18:40 - 21:10 (包括登記及頒獎 Inclusive of Registration & Award Ceremony)

## 比賽賽程 Competition Schedule

<u>時間 Time</u>	<u>內容 Content</u>
18:40 – 19:00	報到及集合 Registration & Call-in
19:00 – 19:10	大合照 Group Photo
19:10 – 19:20	比賽規則講解 Briefing Session on Rules & Regulations
19:20 – 20:20	比賽 (60 分鐘) Competition (60minutes)
20:20 – 20:40	比賽計分 Competition Scoring
20:40 – 20:10	成績公佈、頒發獎項 Result Announcement & Prize Presentation
21:10	比賽結束 End of Competition

備註：比賽時間可能因實際情況作出適當調整。

Remark: The competition schedule is subjected to changes



## 比賽規則 Rules and Regulations

1. 因人數限制而設定隔離區域。  
Isolation area will be implemented due to social distancing measures.
2. 比賽以 FLASH 模式進行。FLASH format will be used during the competition.
3. 賽員必須按照自己的組別攀爬指定線路。Athletes should climb the specific route number according to their assigned group.
4. FLASH 模式以「先到先攀」的方式進行，可自行選擇攀爬次序，限時分鐘（按組別調整）。如攀爬中途跌下，須重新排隊攀爬該線路。FLASH format follows a “first-come-first-climb” basis. Athletes can decide the climbing order within a time limit of XX minutes (according to the category). Athletes must queue again to climb the route if they fall.
5. 比賽進行時，賽員四肢離地後若未能成功起步/控制/踏穩起步後的第一個石頭，可無須排隊即時嘗試最多一次。One extra attempt will be given if athletes failed to the start or control or step the next hold on their first try.
6. **每次攀爬限時 90 秒。Time limit 90 seconds for every attempt.**

## 計分 Marks

1. 每條線路各設 2 個得分區域及 1 個完攀點，以獲得分區域 (ZONE) 及完攀點 (TOP) 的數目計算成績，不計算攀爬次數。There are 2 “ZONE”s and 1 “TOP” in each boulder. Only the number of “ZONE” and “TOP” achieved will be counted as the result. The result will not be affected by the number of attempts.
2. 計分準則先計算完攀數目，”TOP”數目越多，成績越高。Performance of climber will be evaluated base on the number of “TOP” achieved. The higher the number of “TOP”, the better the result.
3. 如賽員的完攀數目相同，則以每個 ZONE 的獲得數目計算成績。先計算 ZONE2 的數目，再計算 ZONE1 的數目。If athletes achieved the same number of “TOP”, the number of achieved ZONE will be used to determine their ranking. The number of ZONE2 achieved will be counted first, followed by the number of ZONE1 achieved.

## 獎項 Prize

1. 每組各設冠、亞及季軍。  
1st, 2nd and 3rd Prize in each category.
2. 少於 5 人組別只設冠軍 For those categories with less than 5 entries, only 1st prize will be awarded